

DO YOU HURT THE PEOPLE YOU CARE ABOUT?

- Do you find yourself often yelling at your loved ones or putting them down?
- Do find yourself constantly apologising for your behaviour?
- Do you find it hard to express your feelings and then end up exploding?
- Do you control your partner's decisions?
- Has your partner or ex-partner told you that you treat them badly?

Our LGBTI* specific groups offer a safe and inclusive space for you to learn about how your behaviours affect others and yourself.

For more information or to participate please contact:
lgbtiq@ransw.org.au | 1300 LGBTIQ (1300 542 847)

Or Visit: **www.acon.org.au/dfv-support-groups**

*lesbian, gay, bisexual, transgender and intersex

Relationships Australia
NEW SOUTH WALES



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