

Domestic violence can take many forms. To assess your relationship, answer the following questions. Do you:

- ☐ Change your behaviour or your appearance so your partner doesn't get angry?
- ☐ Avoid talking about money or other topics?
- ☐ Feel scared, anxious or like you are "walking on eggshells"?
- ☐ Cut yourself off from your friends, family or mob because your partner doesn't get along with them or because you fight with your partner over seeing them?

Has or does your partner (or ex-partner):

- ☐ Humiliate you, call you names or make fun of you or your body in a way that is designed to hurt or control you?
- ☐ Threaten to "out" your sexuality, gender (identity, expression or history) or intersex status to your friends, family, work community or mob?
- ☐ Threaten to "out" your health status (e.g. HIV status)?
- ☐ Prevent you from attending LGBTIQ events or venues or other cultural events or ceremonies?
- ☐ Have sudden outbursts of anger?
- ☐ Act over-protective or become jealous for no reason?
- ☐ Make it difficult, or prevent you, from seeing friends, family or your mob?
- ☐ Control your money against your will, accumulate debt in your name, make it difficult for you to go to work?
- ☐ Monitor, harass or stalk you through social media?
- ☐ Tell you that this is just the way LGBTIQ relationships are or that domestic violence doesn't exist in LGBTIQ relationships?
- ☐ Threaten you with violence, throw things at you or damage property?
- ☐ Hit you, push you, choke you, or otherwise physically intimidate or hurt you?
- ☐ Physically or emotionally hurt your children, family members or your mob?
- ☐ Harm, or threaten to harm your pets?
- ☐ Force or pressure you to engage in sexual acts that you don't want to do? Including refusing to practice safe sex or pressuring you to have sex in ways that do not match your gender identity?
- ☐ Lock you in the house or make it difficult for you to leave?
- ☐ Control your access to your medication (including hormones/testosterone/HIV medications) or prevent you from taking your medication?
- ☐ Tell you that you are not "really" gay or transgender or that you are not a "real" man or woman or argue over your cultural identity?
- ☐ Convince you to doubt your own judgment or memory of events?
- ☐ Pressure you to act or look more "male" or more "female" or pressure you to conform to a particular stereotype?
- ☐ Pressure you to have medical treatment, surgery or other interventions to "normalise" your body, sex organs or physical appearance?

If you answered 'yes' to any of these questions you may be experiencing domestic violence.

In an emergency call 000

Police Assistance line: 131 444

www.police.nsw.gov.au

To report domestic violence you can talk to any police officer. You can also ask to speak with the Domestic Violence Liaison Officer (DVLO) or the Gay and Lesbian Liaison Officer (GLLO) or the Aboriginal Community Liaison Officer (ACLO).



1800RESPECT Helpline

Information and support for anyone in Australia experiencing DFV or sexual assault. The website has LGBTI specific information.

1800 737 732 | www.1800respect.org.au

DV Line

Information and support for anyone in NSW experiencing DFV 24 hours/day, 7 days/ week.

1800 65 64 63 | www.domesticviolence.nsw.gov.au

LGBTI specific NSW services:

ACON

LGBTI health organisation offering information, referrals, counselling, advocacy and practical support for LGBTI people in NSW experiencing DFV.

92060 2000 | www.acon.org.au

Another Closet

For information and referral details on LGBTI domestic and family violence.

www.anothercloset.com.au

QLIFE

Free telephone and web based counselling, referrals and support for LGBTI people and their families.

1800 184 527 | www.qlife.org.au

Inner City Legal Centre, Safe Relationships Project

Free legal advice and court support for LGBTIQ people experiencing DFV in NSW.

9332 1966 | www.iclc.org.au/srp

Twenty10

Provide a wide range of support services across New South Wales supporting people of diverse genders, sexes and sexualities, their families and communities, people of all ages, including specialised services for young people.

8594 9555 | www.twenty10.org.au

The Gender Centre

Provides services such as counselling, accommodation, outreach and support for transgender, gender queer and gender questioning people in NSW.

9569 2366 | www.gendercentre.org.au

OII Australia – Intersex Australia

Provide information, education and peer support for intersex people nation-wide.

www.oii.org.au



sayitoutloud.org.au



ACON acknowledges and pays respects to the traditional custodians of all the lands on which we work.